

Stronger Businesses

For organizations in highly technical and specialized industries, The Leadership Hospital® offers innovative learning solutions to develop stronger leaders for stronger businesses.

Core Leadership Capabilities

LeadershipRX™ - Virtual, on-call leadership support that provides real-time guidance from Leadership Doctors as leaders and managers navigate urgent challenges and pressure points.

Specialized Leader Development Programs - Tailored programs focused on skills for each leader level - from emerging leader to people leader to functional leader to enterprise leader.

Executive Coaching & Performance Coaching - Confidential, goal-driven coaching that strengthens leadership decision-making, influence, accountability, and effectiveness.

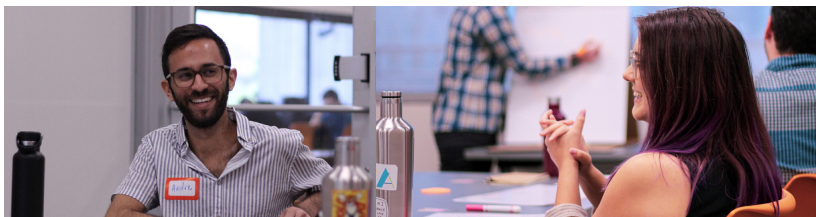
Executive & Team Facilitation - Expert-led, structured conversations that align leaders and teams, improve collaboration, and move groups from discussion to action.

Speaking (Keynotes, Workshops, Events) - Research-backed keynotes, workshops, and conference sessions that combine insight with practical application.

Custom Leadership Certificates & Learning Journeys - Cohort-based leadership development pathways that build critical leadership capabilities through structured learning experiences.

Organizational Development Support (Fractional OD) - Flexible services that help organizations address leadership gaps, systems challenges, and growth demands.

Culture Development & Transformation - Strategic services that strengthen engagement, accountability, and performance by addressing the leadership behaviors that shape culture.



Stronger Leaders

Trusted Leadership Care

	LeadershipRX™	Training	Coaching	Facilitation
Enterprise Leaders	✓	...	...	✓
Functional Leaders	✓	...	✓	✓
People Leaders	✓	✓	✓	✓
Emerging Leaders	✓	✓	✓	...
Contributors	✓	✓	...	...

Top Leadership Solutions

LeadershipRX™ - Virtual, on-call support from Leadership Doctors providing timely guidance to address real-time leadership challenges, pressures, or pain points leaders & managers face.

Training - Interactive, real-world, application-based learning experiences led by Leadership Doctors to drive positive behavior change - delivered virtually for maximum flexibility and impact for distributed teams & workforces.

Coaching - Confidential, goal-driven coaching engagements by Leadership Doctors designed to foster reflection, accountability, and self-discovery - helping leaders strengthen decision-making, influence, and effectiveness.

Facilitation - Purposeful, guided group conversations that encourage collaboration, participation, & meaningful dialogue - ensuring teams move from discussion to aligned action.

Elevate Your Event

Experienced Global Speaker

Dr. Sarah Skidmore speaks at national and international conferences, both virtually and in person. Her work is grounded in leadership research and real-world advisory experience, shaping talks and workshops that bridge insight with application. As a result, participants leave with clear, actionable next steps they can apply immediately in their work..



Speaking Impact & Audience Perspectives

“What stood out most was her ability to connect with the audience and guide us through identifying the pain points and challenges that constrain leadership growth & effectiveness. Dr. Skidmore’s facilitation style was dynamic and thought-provoking, leaving a lasting impression” - Chrissa on Association of Talent Development’s OrgDev25 Conference

“Her approachable style created a welcoming environment... She skillfully enhanced my learning experience by connecting concepts to real-world applications and encouraging meaningful discussion. Dr. Skidmore is an outstanding facilitator who leaves a lasting impact on her audience.” - Dr. Shameka on ATD’s OrgDev25 Conference

“Dr. Sarah provides a professional, well-thought-out process to her presentations and leadership workshops... I would recommend her for anyone seeking to improve or realign their leadership training program or skills!” - Cami on DisabilityIN’s 2025 International Conference

“If you’re looking for a strategic partner who can elevate your leadership and organizational effectiveness, I highly recommend Dr. Sarah.” - Natalie on Association of Talent Development’s OrgDev24 Conference

Hear from Our Clients

Chris L.



Dr. Skidmore and her team are true professionals. Easy to work with and focused on improving all aspects of leadership

Ed S.



Dr. Skidmore has been amazing to collaborate with. Her firm has amazing programs that will push individuals to be their best.

Lucia C.



Giving you different tools for your daily work... to improve as a professional, as a manager, and of course as a leader

Ramesh R.



It gave me a new job! My recommendation is to do the program

Sheila M.



Masterfully holds space and provides tools along your leadership journey

Experiencing Leadership Pains?

Our Leadership Doctors and Leadership Practitioners support organizations that are:

- Navigating leadership skill gaps across all levels - from emerging leaders to senior executives
- Struggling with disengaged teams or declining employee commitment
- Facing culture challenges that directly impact performance, profitability, and retention
- Seeking a trusted external partner to provide strategic leadership support due to limited internal capacity
- Looking for practical, real-world leadership solutions that drive lasting behavior change and business results



Why Partner with Us?

- Strengthen your leaders, teams, organization with action-based learning experiences designed to drive behavior change
- Leverage our proven process to receive a tailored treatment plan, in-depth diagnostics, and specialized consultations
- Partner with your Leadership Doctor to move from leadership pain to strength

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